

A.M. Regimen



(M)	❖ Cleanser	Apply to moist skin & remove with warm washcloth
	❖ Warming Trend Green Tea Masque	Apply to damp skin and massage until the warmth disappears. Use on face and body 1 or 2 times a week. Great to use as shaving crème.
(M)	❖ Toner	Use on cotton pad to rinse the surface of the skin
	❖ Platinum Line Reversal	Massage into the wrinkles and expression lines until it disappears.
(R)	❖ Regeneration	Apply & let absorb into the skin.
	❖ Reprogram	Apply & let absorb into the skin.
(P)	❖ Cell Block C	Apply & let absorb into the skin.
(M)	❖ Moisturizer	Apply & let absorb into the skin.
(R) (R) (P)	❖ Regeneration Gold or Platinum Eye Repair or Eye-X-Cel	Using ring finger, gently apply under eye & above brow
(P)	❖ Tight Fix Firming Complex	Apply & let absorb into the skin
(P)	❖ Tight Eyed Firming Complex	For BEST results, allow product to dry before applying Color Cosmetics.
	❖ Platinum Regeneration Dietary Supplement	Take One Per Day...to enhance benefits of Skincare Products

P.M. Regimen



	❖ Lash & Lid Bath	Use on cotton pad & wipe over closed eye in a downward sweep.
(M)	❖ Cleanser	Apply to moist skin & remove with warm washcloth
(M)	❖ Toner	Use on cotton pad to rinse the surface of the skin
(M)	❖ Scrub	Use 2-3 times a week in shower
	❖ Microderm Abrasion	Use 1-2 times per week for 3-5 minutes. Use on a day you are NOT going to scrub, or use a Regeneration or Retinol product.
(R)	❖ Time to Go with Retinol	Apply & let absorb into the skin.
(P)	❖ Tight Overnight	Apply & let absorb into the skin.
(M)	❖ Cell Block C-PM	Apply & let absorb into the skin.
(R) (R) (P)	❖ Regeneration Gold or Platinum Eye Repair or Eye-X-Cel	Using ring finger, gently apply under eye & above brow
	❖ Lip Apeel	Peel - 1-2 times per week Balm - daily when you aren't wearing lipcolor

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