A.M. Regimen

- Cleanser (Removes dirt & impurities gently from the surface of the skin. Apply to moist skin & remove with warm washcloth) (M)
- Warming Trend Green Tea Masque (Warming properties opens pores and hair follicles to remove impurities from the skin and allows a closer shave. Contains Green Tea Extract & Vitamins C & D. Apply to damp skin and massage into the skin until the warmth disappears. Use on face and body 1 or 2 times a week. Great to use as shaving crème).
- Toner (Your rinse cycle, use on cotton pad to rinse the surface of the skin and tighten pores) (M)
- Platinum Line Reversal Crème (This product is designed to specifically target expression lines and wrinkles. Massage into the furrows you are wanting to target until it disappears Follow with the rest of your regimen).
- Regeneration (chemical exfoliator that loosens the "glue" that holds dead skin cells to the skin. Kick starts collagen production, dramatically firming and smoothing skin. An Instant Face Lift! Let absorb into the skin.) (R)
- * Reprogram (Goes to the deepest layer of skin & reprograms the skin to make NEW healthy skin cells.
- Cell Block C (Has free radical fighting Vitamin C & SPF 20 for protection against both UVA & UVB rays! (P)
- Moisturizer (Allows your skin to retain its natural moisture and keep it supple and resilient. Also seals in Prevention & Repair products for maximum benefits) (M)
- Regeneration Gold or Platinum Eye Repair (R) or Eye-X-Cel (P) (Firms sagging skin around the eyes and diminishes fine lines and wrinkles. Your eye crème is formulated for the delicate tissues around the eyes. Using ring finger, gently apply under eye and above brow)
- Tight Fix Firming Complex (P) (offers a cosmetic firming effect)
- Tight Eyed Firming Complex (P) (For BEST results, allow product to dry before applying Color Cosmetics)
- Platinum Regeneration Dietary Supplement Take One Per Day...to enhance benefits of Skincare Products...working from the inside out.

P.M. Regimen



- Lash & Lid (Special product for a special part of your face! An oil free cleanser for your eyes, safe for contact lens wearers. Conditions the eye lashes and promotes eyelash growth. Use on cotton pad & wipe over closed eye in a downward sweep).
- ❖ Cleanser (see instructions above) (M)
- ❖ Toner (see instructions above) (M)
- Scrub (ESSENTIAL! Removes OLD skin cells so that your body will make NEW ones. #1 ANTI AGING product. Use 2-3 times a week in shower) (M)
- Microderm Abrasion (An advanced physical exfoliator to minimize the appearance of pores, acne scarring and age spots. Reduces fine lines. Voted #1 choice in "O" magazine, September 2004. Use 1 X week for 3-5 minutes. Can be used 2 X week after first few applications. ALWAYS follow with Cell Block PM and use Cell Block AM the mornings after. Use on a day you are NOT going to scrub, or use a Regeneration or Retinol product).
- Time to Go with Retinol (speeds the production of new skin cells to increase skin growth metabolism...let absorb into skin) (R)
- ❖ Tight Overnight (P)
- Cell Block C-PM (Penetrates the skin with Vitamin C and forms a protective barrier to prevent moisture loss while you sleep). (P)
- **❖ Moisturizer** (see instructions above) (M)
- Regeneration Gold or Platinum Eye Repair (R) or Eye-X-Cel (P) (see instructions above)
- Lip apeel (removes waxy build up from lipcolors, prevents chapped lips and helps minimize fine lines. Use Peel 1-2 times a week and balm daily when you aren't wearing lipcolor).
- Maintenance, Repair & Prevention (M) (R) (P)

A.M. Regimen



- Warming Trend Green Tea Masque (Warming properties opens pores and hair follicles to remove impurities from the skin and allows a closer shave. Contains Green Tea Extract & Vitamins C & D. Apply to damp skin and massage into the skin until the warmth disappears. Use on face and body 1 or 2 times a week. Great to use as shaving crème).
- Toner (Your rinse cycle, use on cotton pad to rinse the surface of the skin and tighten pores) (M)
- Platinum Line Reversal Crème (This product is designed to specifically target expression lines and wrinkles. Massage into the furrows you are wanting to target until it disappears. Follow with the rest of your regimen).
- Regeneration (chemical exfoliator that loosens the "glue" that holds dead skin cells to the skin. Kick starts collagen production, dramatically firming and smoothing skin. An Instant Face Lift! Let absorb into the skin.) (R)
- Reprogram (Goes to the deepest layer of skin & reprograms the skin to make NEW healthy skin cells.
- Cell Block C (Has free radical fighting Vitamin C & SPF 20 for protection against both UVA & UVB rays! (P)
- Moisturizer (Allows your skin to retain its natural moisture and keep it supple and resilient. Also seals in Prevention & Repair products for maximum benefits) (M)
- Regeneration Gold or Platinum Eye Repair (R) or Eye-X-Cel (P) (Firms sagging skin around the eyes and diminishes fine lines and wrinkles. Your eye crème is formulated for the delicate tissues around the eyes. Using ring finger, gently apply under eye and above brow)
- Tight Fix Firming Complex (P) (offers a cosmetic firming effect)
- ❖ Tight Eyed Firming Complex (P) (For BEST results, allow product to dry before applying Color Cosmetics)
- Platinum Regeneration Dietary Supplement Take One Per Day...to enhance benefits of Skincare Products...working from the inside out.

P.M. Regimen



- Lash & Lid (Special product for a special part of your face! An oil free cleanser for your eyes, safe for contact lens wearers. Conditions the eye lashes and promotes eyelash growth. Use on cotton pad & wipe over closed eye in a downward sweep).
- Cleanser (see instructions above) (M)
- ❖ Toner (see instructions above) (M)
- SCrub (ESSENTIAL! Removes OLD skin cells so that your body will make NEW ones. #1 ANTI AGING product. Use 2-3 times a week in shower) (M)
- Microderm Abrasion (An advanced physical exfoliator to minimize the appearance of pores, acne scarring and age spots. Reduces fine lines. Voted #1 choice in "O" magazine, September 2004. Use 1 X week for 3-5 minutes. Can be used 2 X week after first few applications. ALWAYS follow with Cell Block PM and use Cell Block AM the mornings after. Use on a day you are NOT going to scrub, or use a Regeneration or Retinol product).
- Time to Go with Retinol (speeds the production of new skin cells to increase skin growth metabolism...let absorb into skin) (R)
- ❖ Tight Overnight (P)
- Cell Block C-PM (Penetrates the skin with Vitamin C and forms a protective barrier to prevent moisture loss while you sleep). (P)
- ❖ Moisturizer (see instructions above) (M)
- Regeneration Gold or Platinum Eye Repair (R) or Eye-X-Cel (P) (see instructions above)
- Lip apeel (removes waxy build up from lipcolors, prevents chapped lips and helps minimize fine lines. Use Peel 1-2 times a week and balm daily when you aren't wearing lipcolor).

Maintenance, Repair & Prevention (M) (R) (P)